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### Article

**Citation** (please note it is advisable to refer to the publisher's version if you intend to cite from this work)

**Marshall, AG, Sharma, ML, Marley, K, Olausson, H and McGlone, FP (2019)  
Spinal signaling of C-fiber mediated pleasant touch in humans. eLife, 8.  
ISSN 2050-084X**

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1 **Spinal signalling of C-fiber mediated pleasant touch in humans**

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14

15   **Abstract**

16   **C-tactile afferents form a distinct channel that encodes pleasant tactile stimulation. Prevailing views**  
17   **indicate they project, as with other unmyelinated afferents, in lamina I-spinothalamic pathways. How-**  
18   **ever, we found that spinothalamic ablation in humans, whilst profoundly impairing pain, temperature**  
19   **and itch, had no effect on pleasant touch perception. Only discriminative touch deficits were seen.**  
20   **These findings preclude privileged C-tactile-lamina I-spinothalamic projections and imply integrated**  
21   **hedonic and discriminative spinal processing from the body.**

22

## 23 **Introduction**

24 There are several aspects of touch. In addition to a well-defined discriminative role, touch has an affective  
25 dimension of fundamental importance to physical, emotional and social well-being, both developmentally  
26 and throughout life (McGlone, Wessberg, and Olausson 2014). C-tactile afferents, a subclass of unmyelinated  
27 low threshold mechanosensitive C-fibers innervating human hairy skin, are strongly implicated as the  
28 neurobiological substrate subserving the affective and rewarding properties of touch (McGlone, Wessberg,  
29 and Olausson 2014).

30

31 C-tactile afferents have slow conduction velocities ( $\sim 1 \text{ m s}^{-1}$ ) which, along with other neurophysiological  
32 properties such as fatigue to repeated stimulation, makes them poorly suited for tactile discrimination  
33 (Vallbo, Olausson, and Wessberg 1999, Olausson et al. 2010, McGlone, Wessberg, and Olausson 2014). In-  
34 stead, microneurography and psychophysical investigations indicate that C-tactile afferents preferentially  
35 respond to tactile velocities and forces typical of a gentle caress (Loken et al. 2009, Ackerley, Backlund  
36 Wasling, et al. 2014) with peak firing rates that positively correlate with perceived touch pleasantness  
37 (Loken et al. 2009) .

38

39 In keeping with a role in signalling the affective aspects of touch, selective C-tactile stimulation activates  
40 contralateral posterior insula cortex (Olausson et al. 2002, Olausson, Cole, Vallbo, et al. 2008), a region con-  
41 sidered a gateway for sensory systems to emotional cortical areas (Craig 2008), but not somatosensory areas  
42 S1 and S2 (Olausson et al. 2002, Olausson, Cole, Vallbo, et al. 2008). In addition, patients with ischaemic  
43 stroke affecting the posterior contralateral opercular-insular cortex demonstrate impairments in the percep-  
44 tion of C-tactile optimal touch (Kirsch et al. 2019). Likewise, posterior insula activation is not modulated by  
45 C-tactile optimal stimulation in individuals with congenital C-fiber denervation (Morrison et al. 2011). C-  
46 tactile mediated affective touch pathways are, therefore, proposed to diverge from the A $\beta$  low threshold  
47 mechanoreceptor afferent dorsal column/medial-lemniscal discriminative touch stream and form a distinct  
48 coding channel projecting primarily to emotional rather than classical somatosensory cortical regions (Craig  
49 2002, Morrison, Löken, and Olausson 2010, McGlone, Wessberg, and Olausson 2014).

50 The major somatosensory input into primate dorsal posterior insular cortex arise from the posterior ventral  
51 medial nucleus of thalamus (Craig et al. 1994, Craig and Zhang 2006). Spinal inputs to this thalamic relay

derive, almost exclusively, from projection cells in dorsal horn lamina I via the spinothalamic tract (Craig and Zhang 2006). The central terminals of C-low threshold mechanosensitive receptor (C-LTMR) afferents, the animal equivalent of C-tactile afferents, arborise in laminae II/III of the spinal cord dorsal horn (Light and Perl 1979, Sugiura 1996, Li et al. 2011, Abaira and Ginty 2013, Larsson and Broman 2019). Lamina II cells activated by C-LTMR afferents arborise in lamina I (Lu and Perl 2005, Maxwell et al. 2007, Lu et al. 2013) where they can contact projection neurons (Lu et al. 2013).

Thus, the ‘dual pathway’ model of discriminative and emotional touch predicts that signals arising from C-tactile activation diverge from dorsal column-bound A $\beta$  inputs to ascend alongside other small-diameter primary afferent modalities in the lamina I spinothalamic pathway. Accordingly, disruption of the spinothalamic tract, which lies within the anterolateral funiculus of the spinal cord, would, in addition to causing contralateral deficits in classical spinothalamic modalities of pain, temperature and itch, be predicted to induce alterations in affective but not discriminative touch domains. To test this prediction the effects of targeted spinothalamic tract ablation on discriminative and affective touch were investigated in patients undergoing anterolateral cordotomy to treat refractory unilateral cancer-related pain.

## Results

Assessment of noxious and innocuous temperature, itch and noxious mechanical sensation as well as discriminative and affective aspects of touch were performed on the pain-affected and unaffected sides in 19 patients undergoing anterolateral cordotomy. All sensory testing was performed on hairy skin of the dorsal forearm distant to the sites of clinical pain. No patient had pre-existing neurological deficits in the area of testing. The cordotomy was performed percutaneously at cervical level C1/C2 on the side contralateral to clinical pain. A cordotomy electrode was inserted under X-ray guidance in to the anterolateral funiculus of the spinal cord (Figure 1a and b). Lesioning was performed using a radiofrequency current to produce heat induced lesions targeting the spinothalamic tract (for clinical and procedural related information see methods and Supplementary table 1). The pre-test, post-test design resulted in four conditions; pre-cordotomy pain-affected, pre-cordotomy control, post-cordotomy pain-affected and post-cordotomy control.

80 As expected, anterolateral cordotomy induced clear-cut contralateral deficits in canonical spinothalamic mo-  
81 dalities: there was striking amelioration of clinical pain (Supplementary table 1); perceptual thresholds for  
82 innocuous temperature and thermal pain were markedly elevated (Related-Samples Wilcoxon Signed Rank  
83 Test all  $P < 0.0005$ ) (Figure 1c and d and Supplementary table 2) and in the majority of patients thermal sen-  
84 sibility was abolished; Cowhage-induced itch was abolished (Supplementary table 2). In contrast tactile acui-  
85 ty and graphesthesia were unchanged (Supplementary table 2). These findings, therefore, confirm marked  
86 cordotomy-induced disruption of lamina I spinothalamic pathways.

87  
88 The pleasant aspects of touch were evaluated using structured psychophysical assessments based on charac-  
89 teristic C-tactile stimulus-response properties. C-tactile afferents respond optimally to gentle skin stroking  
90 and display peak firing rates to stroking stimuli delivered with velocities of  $\sim 3 \text{ cm s}^{-1}$  (Loken et al. 2009,  
91 Ackerley, Backlund Wasling, et al. 2014). The resulting inverted U-shaped relationship of the neural re-  
92 sponse to brushing velocity is, critically, matched by subjective ratings of touch pleasantness (Loken et al.  
93 2009, Ackerley, Backlund Wasling, et al. 2014). Correspondingly, pre-cordotomy visual analogue scale  
94 (VAS) ratings for touch pleasantness to gentle brushing stimuli were greater to stroking at  $3 \text{ cm s}^{-1}$  than at  
95  $0.3$  and  $30 \text{ cm s}^{-1}$  (fig. 2a - d). However, cordotomy did not affect ratings for touch pleasantness (fig. 2a - d  
96 and Supplementary table 3). Regression analysis of brush velocity and VAS scores for all four conditions  
97 showed that a negative quadratic regressor provided a better fit than a linear regressor (F test,  $P = 0.001 -$   
98  $0.003$ ). The negative quadratic term,  $\beta_2$ , and extracted Y-intercept values for individual patients, which pro-  
99 vide measures of the degree of the inverted U-shape and overall perceived touch pleasantness across all ve-  
100 locities respectively, were not significantly altered by cordotomy (fig. 2d - f and Supplementary table 3). For  
101 individual patients a negative quadratic regressor provided a better fit than a linear regressor (F test,  $P = 0.05$   
102 or less) for 14/19 (pre-cordotomy pain affected, pre-cordotomy control) and 13/19 (post-cordotomy pain af-  
103 fected and post-cordotomy control) patients.

104  
105 Ratings of touch intensity, which show a close correlation with A- $\beta$  low threshold mechanoreceptor afferent  
106 firing rates, increased with increasing brushing velocity as expected (fig. 3a - c) (Loken et al. 2009). This  
107 pattern was present in all conditions, however, VAS touch intensity across all velocities was significantly  
108 lower following cordotomy in the pain-affected side (fig 3a - b and Supplementary table 3). Ratings for both

109 touch pleasantness and intensity on the control side (i.e. ipsilateral to the cordotomy lesion) were unaffected  
110 by anterolateral cordotomy. Therefore, counter to our prediction that spinothalamic tract lesioning would  
111 reduce the pleasant properties of touch, we found instead that touch intensity – a generally accepted discrim-  
112 inative function - was reduced.

113  
114 We also used the Touch Perception Task (Guest et al. 2011, Ackerley, Saar, et al. 2014) to measure any  
115 changes in touch hedonics. In the Touch Perception Task ratings for sensory/discriminative and affec-  
116 tive/emotional descriptors are provided in response to specific tactile events. Relative to hairy skin, gentle  
117 stroking of skin lacking C-tactile innervation (e.g. palmar glabrous skin) results in lower ratings for positive  
118 emotionally relevant terms (e.g. calming and comfortable) (Ackerley, Saar, et al. 2014, McGlone et al.  
119 2012). Here, a stroking stimulus was applied at C-tactile optimal velocity ( $3 \text{ cm s}^{-1}$ ) using a force-controlled  
120 (0.22 N) device attached to which was a material typically perceived as either pleasant (fake fur) or unpleas-  
121 ant (sandpaper). Mean ratings for individual sensory/discriminative and affective/emotional descriptor terms  
122 are shown in Figure 4a. Using principle component analysis to reduce the number of variables, four senso-  
123 ry/discriminative factors; termed ‘texture’, ‘pile’, ‘slip’ and ‘heat’; and three affective emotional factors;  
124 termed ‘positive’, ‘arousal’ and ‘negative’; were extracted from the data sets (see methods). Each of these  
125 factor terms are variably contributed to by the descriptors allowing for computation of an overall weighted  
126 factor score. The changes in weighted score for the factor terms between the pre-cordotomy and post-  
127 cordotomy states are shown in Figure 4b – g. Prior to cordotomy, stroking with fur resulted in high mean  
128 descriptor ratings and weighted factor scores for positive emotional terms, as well as discriminative terms  
129 relating to surface pile (e.g. fluffy, soft) (fig. 4a). However, these were all unaffected by cordotomy, further  
130 supporting the finding that following spinothalamic tract disruption the emotional descriptive profile for soft  
131 stroking of hairy skin does not shift towards that seen with stimulation of skin lacking C-tactile innervation  
132 (fig. 4a - g) (McGlone et al. 2012). In contrast, for stimulation with sandpaper, which is an unpleasant stimu-  
133 lus, lesioning significantly attenuated roughness perception (fig. 4a - b) and, concomitantly, shifted the affec-  
134 tive valance of tactile sensation from negative to positive (fig. 4a, f and g). Ratings for both sensory and  
135 emotional descriptor terms were unaffected on the control side (fig. 4a – g).

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## 147 **Discussion**

148 The development of a velocity-tuned preference to slow touch is dependent on the activity of small diameter  
149 afferents, presumably C-tactile fibres. Patients who have congenital C-fibre denervation, but normal A- $\beta$  fi-  
150 bre function, lack the inverted U-shaped relationship between stroking velocity and pleasantness (Morrison  
151 et al. 2011, Macefield et al. 2014). Instead, their rating patterns indicate a reliance on A- $\beta$  low threshold  
152 mechanosensitive receptor afferent inputs. If there were a dedicated lamina I spinothalamic coding channel  
153 responsible for the perception of affective aspects of touch one would expect post-cordotomy affective touch  
154 metrics to shift towards those seen in patients with congenital C-fibre denervation. However, here we have  
155 shown that, unlike the unambiguous absence of the perceptions of temperature, itch and pain following an-  
156 terolateral cordotomy, judgments about touch pleasantness, including that predicated on distinctive velocity  
157 tuned C-tactile responses, were unaltered. This unexpected finding poses an intriguing question about the  
158 functional neuroanatomy of hedonic touch. How, and in what form, might C-tactile afferents impart their  
159 emotionally salient activity on the higher central nervous system?

160

161 Slow, stroking stimuli targeting C-LTMR afferents do elicit velocity tuned responses in lamina I projection  
162 neurons in rats (Andrew 2010). These projection neurons are, however, wide dynamic range and also re-  
163 spond to noxious stimuli (Andrew 2010). Furthermore, C-LTMR terminals in dorsal horn lamina IIi that  
164 connect to lamina I projection neurons (Lu and Perl 2003, Maxwell et al. 2007, Lu et al. 2013) do so via an  
165 interneuronal relay subject to complex regulation (Larsson and Broman 2019). Other recent evidence sug-  
166 gests that rodent C-LTMR afferents access the dorsal column pathway (Abraira et al. 2017) via the interneu-  
167 ronal rich dorsal horn zone spanning lamina II<sub>iv</sub> through lamina V that receives synapses from myelinated  
168 and unmyelinated low threshold mechanosensitive receptor subtypes (Li et al. 2011, Abraira and Ginty 2013,  
169 Abraira et al. 2017). Integrated outputs from this recipient zone target the indirect, post-synaptic dorsal col-  
170 umn pathway (Abraira et al. 2017). C-LTMR terminals in the dorsal horn paradoxically, given the poor spa-  
171 tial resolution of C-tactile mediated touch (Olausson et al. 2002, McGlone, Wessberg, and Olausson 2014,  
172 Olausson, Cole, Rylander, et al. 2008), show precise somatotopic arrangement with little overlap (Kuehn et  
173 al. 2019). This suggests that C-LTMR afferents, rather than signalling directly, shape the processing of hairy  
174 skin A- $\beta$  subtypes in ‘somatotopically relevant’ manner (Kuehn et al. 2019).

175

176 Unlike in individuals with *congenital* small afferent fibre deficits, the integrative processing and shaping be-  
177 tween C-Tactile and A- $\beta$  low threshold mechanoreceptor afferents in neurodevelopmentally intact individu-  
178 als, whether within the dorsal horn, subcortical regions or distributed cortical regions, will have been present  
179 over a lifetime. Whilst the emerging realisation of the complexity of processing of tactile information at the  
180 earliest central nervous system relay (Abraira et al. 2017) suggests a more complex explanation it is conceiv-  
181 able that the cordotomy patients may have learned to associate certain tactile velocities with touch pleasant-  
182 ness and thus rely purely on ascending A- $\beta$  low threshold mechanoreceptor afferent inputs when making  
183 judgements about the affective/emotional properties of touch. In either case the current findings indicate in  
184 individuals with a neurodevelopmentally normal somatosensory system that fibres ascending outside the an-  
185 terolateral funiculus, most likely within the dorsal columns, provide sufficient information to conserve  
186 judgements about touch pleasantness.

187

188 A contralateral reduction in ratings for the intensity of stroking touch across all velocities was seen following  
189 anterolateral cordotomy although monofilament tactile detection thresholds were not affected. It is unlikely  
190 that these effects relate to a selective loss of ascending C-tactile inputs. There is evidence that C-tactile affer-  
191 ents contribute to the relative preservation of monofilament tactile detection in A- $\beta$  denervated individuals  
192 and under conditions of A-fibre blockade (Cole et al. 2006, Nagi et al. 2015). However, their mean firing  
193 rates, unlike those of A-beta afferent LTMRs, do not correlate with the touch intensity ratings that increase  
194 in parallel stroking velocity (Loken et al. 2009, Ackerley, Backlund Wasling, et al. 2014). Although the pre-  
195 cise mechanisms underlying the reduction in the perceived intensity of stroking touch following cordotomy  
196 are unclear they too may relate to the distributed signalling of tactile information across multiple ascending  
197 pathways.

198

199

200 The current findings support such an integrative model of hedonic touch also for human hairy skin. They are,  
201 in fact, incompatible with a segregated model of touch where emotional and discriminative elements are sig-  
202 naled in anatomically discrete second order pathways. Indeed, the contralateral attenuations of texture per-  
203 ception and touch intensity seen post-cordotomy indicate that, for hairy skin, tactile information quintessen-

204 tially regarded as discriminative and dependent on A- $\beta$  activity (Saal and Bensmaia 2014, Manfredi et al.  
205 2014, Lieber et al. 2017), also partly relays in crossed pathways ascending the anterolateral funiculus.

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212 **Materials and Methods**

213 **Participants**

214 Twenty patients were recruited in accordance with the Health Research Authority National Research Ethics  
215 Service (study reference 14/NW/1247). The study was conducted in accordance with the Declaration of Hel-  
216 sinki. All patients were admitted to the Walton Centre, Liverpool, UK and suffered from intractable unilat-  
217 eral cancer related pain below the cervical level C4 with an expected lifespan of less than 12 months. It was  
218 not possible to test one patient in the post-operative state. Of the 19 patients nine were female. The patients’  
219 demographic and clinical details are shown in Supplementary Table1. No patient had pre-existing symptoms  
220 or signs of neurological impairment, including pain, in the region of sensory testing. All patients were medi-  
221 cated with regular and *pro re nata* opioids as well as a variety of non-opioid analgesia. The median and  
222 range for numeric rating scale of average 4 hours pain, maximum pain in the past 4 hours and current pain  
223 were 76 (20-90), 98 (79-100) and 50 (10-81) respectively. A large number (13/19) of patients had previously  
224 received chemotherapy with potential peripheral neurotoxicity although no patient described ongoing symp-  
225 toms potentially attributable to this.

226  
227 Opioid treatment (Martel et al. 1995, Case et al. 2016), chronic pain (Case et al. 2016) and chemotherapy  
228 induced neurotoxicity (Geber et al. 2013, Krøigård et al. 2014) could all, in principle, impact on sensory test-  
229 ing. However, pre-procedural thermal and thermal pain detection thresholds were normal in the area of sen-  
230 sory testing and there was no pre-procedural evidence of impaired sensory discriminative or affective touch  
231 (see main article). Furthermore, since the study paradigm compared lesioned versus non-lesioned sides and  
232 pre-versus post-lesion states one would expect a right-left or pre-post difference in measures of affective or  
233 discriminative touch to be detected even if there was an underlying subtle (drug or pain induced) baseline  
234 ‘abnormality’ in the function or processing of C-tactile afferents or a generalized procedural effect.

235

236

237 **Spinothalamic tract ablation**

238 Antero-lateral cordotomy (Bain, Hugel, and Sharma 2013) was performed at the cervical level C1/C2 contra-  
239 lateral to the cancer related pain. The procedure was performed with sedation and local anesthesia. Follow-  
240 ing dural puncture with a 20G spinal needle the cordotomy electrode was advanced into the antero-lateral

quadrant of the spinal cord (fig.1). Positioning in the spinothalamic tract was verified by eliciting cold, heat or other painful sensations, encompassing the region of cancer related pain, using 50Hz electrical stimulation through the cordotomy electrode. Motor twitch threshold using 10Hz stimulation was also performed to assess proximity to the corticospinal tract. Adjustments of the electrode were made to maximize location with the spinothalamic tract and minimize proximity to motor pathways. The spinothalamic tract was disrupted using a radiofrequency current which produces a heat induced lesion. This was performed in steps, typically starting at 65°C for 25-30s, with a maximum temperature of 85°C. Lesioning of the spinothalamic tract was confirmed in the operating theatre by demonstrating a contralateral loss of temperature sensation on clinical examination. Operative details for all cases are shown in Supplementary table 1.

## **Experimental design**

All patients underwent pre-procedure testing, either on the morning of or day before cordotomy. Post-cordotomy testing was undertaken at least four hours following the procedure to allow for recovery from operative sedation. All post-cordotomy assessments were performed within 72 hours of the procedure, when spinothalamic deficits are likely to be maximal. Pre-procedure and post-procedure testing lasted approximately 90 minutes. All assessments were performed on the dorsal aspect of both the right and left forearm. The order of testing with respect to right and left was randomised.

***Pleasant touch.*** Assessment of gentle dynamic touch was made using a 70mm goat's hair artist brush. Patients were prevented from seeing the tested extremity throughout the experiment. Stimuli were delivered manually in a proximal to distal direction over a 10cm distance marked on the forearm at velocities of 0.3, 3 and 30 cm s<sup>-1</sup>, chosen to reflect C-tactile optimal (3 cm s<sup>-1</sup>) and sub-optimal (0.3 and 30 cm s<sup>-1</sup>) stimuli. A computerised visual meter was used during training and testing sessions. Six stimuli at each velocity were given on each side in a computer-generated pseudorandom order. An inter-stimulus interval of at least 10s was allowed to prevent fatigue in C-tactile firing. After each stroke patients rated both the pleasantness and intensity of the stimulation using a 20 cm paper visual analogue scale. Anchor points for touch intensity were no sensation (0) and very intense (10). For pleasantness anchor points were 'unpleasant' (-10) and 'pleasant' (10) with 0 representing a neutral stimulus.

270 ***Tactile Acuity and Graphesthesia.*** Mechanical detection thresholds were determined using von Frey mono-  
271 filaments (Optihair2- Set Nervtest, Germany) according to the ‘method of limits’ (Rolke et al. 2006). Two-  
272 point discrimination (TPD) was determined using mechanical sliding calipers. Five ascending and descend-  
273 ing assessments, centred around the subject’s TPD threshold, were conducted. The geometric mean of the  
274 obtained values was calculated for the threshold. Graphesthesia was used as a test of dorsal column function  
275 (Bender, Stacy, and Cohen 1982). Participants were asked to identify numbers 3, 4 and 5 that were drawn on  
276 the skin, approximately 6cm in top-bottom dimension, using the blunt end of a Neurotip (Owe Mumford Ltd,  
277 UK). Initially testing was performed with the eyes open to ensure that the task was understood. Each number  
278 was presented three times in a pseudorandom order with eyes closed.

279

280 ***Thermal threshold testing.*** Innocuous cold and warm detection as well as cold and heat pain thresholds were  
281 measured using the method of limits with the MEDOC TSA II (Medoc, Ramat Yishai, Israel). The thermode  
282 had a surface area of 9.0cm<sup>2</sup> and baseline temperature of 32°C. Thresholds were obtained using ramped  
283 stimuli of 1°C s<sup>-1</sup>, the patient terminating the ramp with a button press. The mean of three consecutive tem-  
284 perature thresholds was calculated. The maximum and minimum limit of the thermode was 50°C and 0°C.  
285 Once the maximum or minimum temperature had been attained the temperature of the thermode immediately  
286 started to return toward baseline.

287

288 ***Pinprick testing.*** Assessment of pinprick sensation was made using a Neurotip (Owe Mumford Ltd, UK).

289

290 ***Itch.*** Assessment of itch sensation was made using cowhage. Cowhage spicules contain the pruritogen  
291 mucunain (Reddy et al. 2008, Davidson and Giesler 2010) and on skin contact induce a histamine independ-  
292 ent itch via activation of proteinase-activated receptors-2 and -4 (Reddy et al. 2008, Davidson and Giesler  
293 2010). Recordings in primates have shown that cutaneous application of cowhage activates ascending spino-  
294 thalamic projection neurons (Davidson et al. 2012). Approximately 20 cowhage spicules were collected onto  
295 a cotton bud and rubbed directly on a 1cm<sup>2</sup> skin site for 20 seconds. Spicules were then immediately re-  
296 moved with a strip of lightly-adhesive paper tape (Micropore, 3M, USA). Assessments were made post-  
297 cordotomy only. Patients rated the intensity of itch on a numeric rating scale (0-100). If no perception of itch

298 was elicited cowhage application was repeated up to a maximum of three times before the sensation was  
299 judged to be absent.

300

301 ***The Touch Perception Task.*** The Touch Perception Task was developed as a validated descriptive scale for  
302 touch perception (Guest et al. 2011). The full Touch Perception Task consists of 26 sensory and 14 emotion-  
303 al descriptors that provide information about differing aspects of touch in relation to specific tactile stimula-  
304 tions. A shortened form consisting of 28 descriptors was administered omitting seven sensory (firm, gritty,  
305 jagged, lumpy, rubbery, sticky and vibrating) and five emotional (sexy, thrilling, enjoyable, soothing and  
306 relaxing) descriptors (Supplementary table 4). Stimuli were administered using a manual tactile stimulator  
307 that delivers a force-controlled stimulus at 0.22N. To this either sandpaper (grade: P120, average particle  
308 diameter 120  $\mu\text{m}$ ) or artificial fur (soft 10 mm long hairs, average diameter approximately 50  $\mu\text{m}$ ) were at-  
309 tached with an application dimension of  $80 \times 50$  mm. Artificial fur and sandpaper have been used previously  
310 to provide extremes of tactile stimuli (Ackerley, Saar, et al. 2014). The manual tactile stimulator was moved  
311 over the skin at  $3 \text{ cm s}^{-1}$  over a 10cm distance in a proximal to distal direction. The order of testing with re-  
312 spect to the type of material was randomized.

313

314

315

#### 316 **Sample-size estimation**

317 Using an F-test power calculator for repeated measures ANOVA, assuming correlation among repeated  
318 measures for pleasantness ratings (primary outcome) of 0.7, for significance level of 0.05 twenty participants  
319 would grant approximately 80% power for an effect size  $f$  of 0.25 or 90% power for an effect size  $f$  of 0.4.  
320 These are conservative estimates. Previous studies comparing individuals with Hereditary Sensory and Au-  
321 tonomic Neuropathy type V (a mix of heterozygous and homozygous carriers) to healthy controls have de-  
322 tected highly significant differences with ten participants per group (Morrison et al. 2011).

323

#### 324 **Data analysis**

325 Statistical analyses were carried out with SPSS (version 23; IBM, Armonk, NY), Excel 2010 (Microsoft TM)  
326 and Graphpad Prism (version 7.04; GraphPad Software, La Jolla, CA). Rating data for pleasantness and in-

327   tensity were averaged for each participant and each velocity and these average values were used in the re-  
328   ported analysis of variance (ANOVA).

329

330   Regression analysis was performed to assess the shape of rating curves. Using logarithm-transformed values  
331   for the independent variable, ‘velocity’, rating data were entered into the regression model as both linear and  
332   quadratic terms. Analysis was performed on both a group level, using average rating scores, and individual-  
333   ly, using all individual rating scores, to extract quadratic term and intercept values (Morrison et al. 2011).  
334   These values describe the two key components of typical pleasantness ratings to gentle dynamic touch in  
335   healthy individuals: the degree of the inverted U-shape provides a measure of the velocity-dependent prefer-  
336   ence for C-tactile targetted touch, whereas, the intercept value reflects overall perceived touch pleasantness  
337   across all velocities. Quadratic terms that are more negative represent a greater preference to C-tactile tar-  
338   getted velocities when compared to fast and very slow touch. Intercept values that are higher reflect higher  
339   pleasantness ratings encompassing all velocities.

340

341   As the study population was substantially older than in previous studies and because an abbreviated version  
342   of the Touch Perception Task was used, a factor analysis using information obtained in the pre-cordotomy  
343   state and healthy control participants was performed to reduce the number of variables into fewer numbers of  
344   factors. Scores from sensory and emotional descriptors were entered in separate factor analyses to yield sen-  
345   sory and emotional factors respectively. The approach was similar to that used in previous studies.

346

347   Four factors, termed ‘texture’, ‘pile’, ‘slip’ and ‘heat’ which explained 39.5%, 14.0%, 11.6% and 8.1% of  
348   the total variance respectively were extracted from the sensory descriptor terms. Three factors, termed ‘posi-  
349   tive’, ‘arousal’ and ‘negative’ which explained 65.6%, 14.8% and 8.1% of the total variance were extracted  
350   from the emotional descriptor terms. These findings are broadly consistent with previous investigation  
351   (Guest et al. 2011, Ackerley, Saar, et al. 2014). Factor loadings (regression and correlation coefficients) for  
352   significantly contributing descriptors are presented in order of magnitude along with the variance and covari-  
353   ance incorporated in each factor in Supplementary Tables 5 and 6. A factor weight matrix was then used to  
354   compute overall factor scores for each sensory and emotional factor. These were subsequently used to ex-  
355   plore differences following cordotomy.



356

357 Repeated measures ANOVA was used to explore significant differences in pleasantness and intensity rating  
358 data, intercept and quadratic terms as well as mechanical detection and two-point discrimination thresholds.  
359 All models had factors of time (pre- and post-cordotomy) and side (pain-affected and control). A third factor  
360 of either velocity (0.3, 3 and 30 cm s<sup>-1</sup>) or material (fur and sandpaper) were used when appropriate. Data  
361 were logarithm transformed when appropriate (Shapiro-Wilk's test of normality  $p < .05$ ). In the case of outli-  
362 ers, assessed as a value that fell 3 times above or below the bounds of the interquartile range, analyses were  
363 repeated after removal. All analyses were robust to outlier removal ( $\beta_2$ : *pre-cordotomy pain-affected - 1 point*  
364 *of 19 points;  $\beta_2$ : pre-cordotomy control - 1 point of 19 points; Mechanical Detection Threshold: post-*  
365 *cordotomy pain-affected - 1 point of 19 points; Pleasantness ratings: post-cordotomy pain-affected - 1 point*  
366 *of 19 points*). Significant interaction effects were followed up using simple main effects and pairwise com-  
367 parisons with Sidak's correction (denoted in the text as  $P_s$ ). F approximations to Pillai's trace are reported.  
368 Wilcoxon signed rank test was used to explore pre- and post-cordotomy as well as pain affected versus con-  
369 trol side differences in non-parametric distributed data. Statistical significances were sought at the  $p < 0.05$   
370 level.

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## Acknowledgements

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We thank The Walton Center clinical staff for their assistance with recruitment and for facilitating assessment of participants. We thank Rochelle Ackerley for advice regarding the Touch Perception Task. This work was supported by the Pain Relief Foundation (A.G.M and F.M).

**Competing Interests**

No author has any competing interest.

**Author Contributions**

A.G.M. and F.P.M developed the investigative protocol with input from M.L.S and K.M. A.M, M.L.S and K.M collected patient related phenotypic data. M.L.S performed the cordotomy procedure. A.G.M performed the psychophysical procedures. A.G.M performed the data analysis with input from F.P.M and H.O. A.G.M wrote the paper with input from F.P.M and H.O. All authors reviewed the manuscript.

520 **Figure 1. Anterolateral cordotomy induces marked deficits in canonical Lamina I spinothalamic tract**  
521 **modalities.**

522 *Myelogram (a) and schematic (b) showing the anterolateral cordotomy procedure. Following dural puncture*  
523 *contrast is injected to document the position of the dentate ligament. Radiofrequency lesions are given*  
524 *through the cordotomy probe within the anterolateral funiculus. Dot plots showing changes in pre-*  
525 *cordotomy to post-cordotomy thermal detection and pain thresholds are shown in (c) and (d) respectively.*  
526 *Data are presented as median and interquartile range. Significant differences (Related-Samples Wilcoxon*  
527 *Signed Rank Test) between the pain affected and control sides are marked with asterisks and show \*\*\*\* $p <$*   
528 *0.0005. Abbreviations: CDT, Cold Detection Threshold; WDT, Warm Detection Threshold CPT, Cold Pain*  
529 *Threshold; HPT, Heat Pain Threshold.*

530

531 **Figure 2. The preference for C-Tactile targeted touch and overall touch pleasantness are unaffected by**  
532 **anterolateral cordotomy**

533 *(a) Raw touch pleasantness rating data for the pain-affected and control sides in the pre-cordotomy as well*  
534 *as post-cordotomy states. Group data for the pain affected side pre-cordotomy and post-cordotomy are*  
535 *shown in (b). Group data for the control side pre-cordotomy and post-cordotomy are shown in (c). Ratings*  
536 *of touch pleasantness are not significantly affected by anterolateral cordotomy. Dot plots of the mean indi-*  
537 *vidual ratings for touch pleasantness on the pain-affected side in the pre-cordotomy and post-cordotomy*  
538 *state are shown in (d). The lines of best fit with 95% confidence intervals are shown. The vertical dotted line*  
539 *indicates the position of a velocity of 1 cm s<sup>-1</sup> on the logarithmic scale. Intercept values were defined as the*  
540 *value of where this 1 cm s<sup>-1</sup> line is crossed by the line of best fit. The equations for the fitted curves,  $R^2$  as*  
541 *well as F-test results for the pre-cordotomy and post-cordotomy states are ( $y = -2.07x^2 + 1.88x + 6.22$ ;  $R^2 =$*   
542 *0.22;  $F_{2, 56} = 7.432$ ,  $p = .001$ ) and ( $y = -1.95x^2 + 1.75x + 6.34$ ;  $R^2 = 0.19$ ;  $F_{2, 56} = 6.211$ ,  $p = .004$ ) respec-*  
543 *tively. F-test results for a linear fit were not statistically significant ( $p = .756$  and  $p = .749$  for pre-*  
544 *cordotomy and post-cordotomy states respectively). Dot plots of individual values for  $\beta_2$  and intercept pre-*  
545 *cordotomy and post-cordotomy states for both the pain-affected and control side are shown in (e) and (f).*  
546 *Group data are presented as mean + standard error mean.*

547

548 **Figure 3. Anterolateral cordotomy induces a reduction in perceived touch intensity on the pain-**  
549 **affected side**

550 *(a) Raw touch intensity rating data for the pain-affected and control sides in the pre-cordotomy as well as*  
551 *post-cordotomy states. Group touch intensity rating data for the pain affected side pre-cordotomy and post-*  
552 *cordotomy are shown in (b). Group data for the control side pre-cordotomy and post-cordotomy are shown*  
553 *in (c). Group data are presented as mean + standard error mean. Significant differences (Post-hoc analysis)*  
554 *between the pre-cordotomy and post-cordotomy states are marked with asterisks and show  $**P_s < .01$ , \*\*\*\**  
555  *$P_s < .0005$ .*

557 **Figure 4. Descriptor ratings and factor scores for sensory and emotional terms in the Touch Percep-**  
558 **tion Task**

559 *Radar plots showing the mean ratings for sensory and affective descriptor terms in the pre-cordotomy (blue*  
560 *line) and post-cordotomy (orange line) states on the pain affected side are shown in (a). Pleasant and un-*  
561 *pleasant touch stimulation was delivered on the forearm using fake fur and sandpaper respectively. Note that*  
562 *the blue and orange lines are almost superimposed for stroking with a pleasant stimulus for both emotional*  
563 *and sensory descriptors. In contrast both sensory and emotional descriptor ratings for an unpleasant stimu-*  
564 *lus are clearly altered by spinothalamic tract lesioning. Markedly lower mean ratings for dry, hard, prickly,*  
565 *rough and sharp are seen post-cordotomy. A clear divergence in the pattern of ratings is seen for emotional*  
566 *descriptors: ratings for negative descriptors are higher than positive descriptors in the pre-cordotomy state*  
567 *but the opposite pattern is seen post-cordotomy. Radar plots for descriptor ratings to stimulation with fur*  
568 *and sandpaper on the control side (not shown) were superimposable for respective pre-cordotomy and post-*  
569 *cordotomy states as well as for the equivalent material in the pre-cordotomy state on the pain affected side.*  
570 *The absolute change in the factor score between the pre-cordotomy and post-cordotomy states for stimula-*  
571 *tion with fur and sandpaper on the pain-affected and control sides are shown in the dot plots for sensory (b -*  
572 *e) and emotional (f - g) factors. Factor scores for stroking with sandpaper are significantly affected by cor-*  
573 *dotomy with evidence of a marked reduction in ratings for the texture group (b) and a more modest reduc-*  
574 *tion in ratings for heat terms (d). There are small but significant increases in ratings for descriptor terms in*  
575 *the pile (c) and slip (e) group. Only heat (d) is significantly altered for stimulation with fur. For stroking*  
576 *with an unpleasant stimulus highly significant increases and decreases in emotional factor scores were seen*

577 *for positive (f) and negative (g) terms respectively. These are unaffected for stroking with fur. No significant*  
578 *change in the emotional factor 'arousal' was seen (data not shown). Bars depicting median and interquartile*  
579 *ranges are shown. Significant differences (Related-Samples Wilcoxon Signed Rank Test) between the pain-*  
580 *affected and control sides are marked with asterisks and show \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , \*\*\*\* $p <$*   
581 *0.0005. Abbreviation: SP, sandpaper.*

582

583 **Supplementary File 1.**

584 Demographic and clinical data of patients undergoing anterolateral cordotomy. Abbreviations: NRS, Numer-  
585 ic rating score 0-100. Age is displayed as a range to limit indirect identifiers.

586

587 **Supplementary File 2a.**

588 Summary of thermal threshold and discriminative touch sensation testing in the pre-cordotomy and post-  
589 cordotomy states. Significant differences (Related-Samples Wilcoxon Signed Rank Test) be-tween the pre-  
590 cordotomy and post-cordotomy states are marked with asterisks and show \*\*\*\* $p < 0.0005$ . Abbreviations:  
591 CDT, Cold Detection Threshold; WDT, Warm Detection Threshold; CPT, Cold Pain Threshold; HPT, Heat  
592 Pain Threshold; MDT, Mechanical Detection Threshold; TPD, Two-Point Discrimination; NRS, Numeric  
593 Rating Scale; IQR, Interquartile Range; SD, Standard Deviation.

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598 **Supplementary File 2b.**

599 Summary of three-way repeated measure ANOVA for the effects of velocity, side (control versus pain af-  
600 fected) and time (pre-cordotomy versus post-cordotomy) on pleasantness ratings, intensity ratings, negative  
601 quadratic term and intercept.

602

603 **Supplementary File 3a.**

604 List of sensory and emotional descriptors used in the Touch Perception Task.

605

606 **Supplementary File 3b. Sensory descriptors factor analysis**

607 Three significant factors were found in the emotional descriptors data (those contributing >5% of the vari-  
608 ance; detailed in the Methods) and named Texture, Pile, Heat and Slip. The descriptors and their significant  
609 loadings (>0.3) are shown for both the regression (pattern matrix) and the correlation (structure matrix) fac-  
610 tor analysis output.

611

612 **Supplementary File 3c. Emotional descriptors factor analysis**

613 Three significant factors were found in the emotional descriptors data (those contributing >5% of the vari-  
614 ance; detailed in the Methods) and named Positive Affect, Arousal and Negative Affect. The descriptors and  
615 their significant loadings (>0.3) are shown for both the regression (pattern ma-trix) and the correlation (struc-  
616 ture matrix) factor analysis output.

617









